



# BACK BACK BUDDIES

NORTH RALEIGH MINISTRIES

[WWW.NORTHRALEIGHMINISTRIES.COM](http://WWW.NORTHRALEIGHMINISTRIES.COM)

EACH WEEK NORTH RALEIGH MINISTRIES PROVIDES WEEKEND FOOD FOR 150 CHILDREN IDENTIFIED AS FOOD INSECURE BY SCHOOL COUNSELORS. THESE MEALS SUPPLY CHILDREN AT 6 AREA SCHOOLS WITH CRITICAL NUTRITIONAL NEEDS.

BACKPACKS CONSIST OF ENOUGH FOOD TO PREPARE 6 MEALS & 2 SNACKS. IF FOOD IS NOT DONATED, IT COULD COST UP TO \$2,325 PER WEEK TO FILL THE BACKPACKS.

### **BACKPACK INCLUDES:**

3 SHELF-STABLE MILK BOXES

2 100% JUICE BOXES

1 CANNED FRUIT

2 CANNED VEGETABLES

2 CANNED MEATS

2 PACKAGED NOODLES

1 MAC & CHEESE

2 BREAKFAST ITEMS

2 HEALTHY SNACKS

FOR MORE INFORMATION  
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